
















# 2009-2010 MIDDLE SCHOOL BREAKFAST MENU

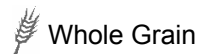


Choose **one** from each section



| MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY   | FRIDAY  |
|---|---|---|--|---|
| Fresh Fruit<br>Orange Juice<br>Sweet Crinkles   | Orange Wedges<br>Blended Fruit Juice<br>Tri-Taters  | Fresh Fruit<br>Orange Juice<br>Sweet Crinkles   | Citrus Boat<br>Blended Fruit Juice<br>Tri-Taters   | Fresh Fruit<br>Orange Juice<br>Sweet Crinkles   |
| Apple Roll <br><br>Cereal <br>w/Oatmeal to Go <br><br>Cheese & Bacon <br>English Muffin <br><br>Chicken Biscuit<br><br>Pancakes<br><br>Sausage Breakfast<br>Pizza <br><br>Sausage Bagel  | Cereal  w/Toast <br><br>Ham & Cheese<br>Croissant <br><br>Pancake Puppy<br><br>Pancakes<br><br>Sausage Breakfast<br>Pizza <br><br>Skillet Frittata<br>w/Toast  | Cereal <br>w/Oatmeal to Go <br><br>Cheese & Bacon <br>English Muffin <br><br>Chicken Biscuit<br><br>French Toast Sticks <br><br>Pancakes<br><br>Sausage Bagel  | Apple Roll <br><br>Cereal  w/Toast <br><br>Ham & Cheese<br>Croissant <br><br>Pancake Puppy<br><br>Pancakes<br><br>Sausage Breakfast<br>Pizza  | Cereal <br>w/Oatmeal to Go <br><br>Chicken Biscuit<br><br>French Toast Sticks <br><br>Ham & Cheese<br>Croissant <br><br>Pancakes<br><br>Sausage Bagel  |

A choice of Low Fat Milk, Low Fat Chocolate Milk, Low Fat Strawberry Flavor Milk, or Skim Milk is offered daily.



Revised 06/09