

# **Area Mental Health Resources**

**Hospital/Treatment Centers**

**Psychiatrists**

**Therapists (Psychologists, Social Workers,  
Counselors)**

**Agencies**

**Other**

Office of Student Services

Note: The contents of this resource directory are printed as submitted by area practitioners who responded to a general request. The Office of Student Services has coordinated the collection and distribution of this information; however, this does not in any way constitute an endorsement of the resources included in this directory.

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**Prince William County**

**PUBLIC SCHOOLS**

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Office of Student Services' Mission Statement – To provide comprehensive and integrated support programs and services that promote student achievement and personal growth.

NAME, ADDRESS, TELEPHONE	Targeted Age Group(s) and Areas of Specialization	DESCRIPTION OF SERVICES	Language(s) Spoken in Addition to English	Multi-cultural/Diversity Emphasis	Hours	Approximate Wait Time for Initial Interview	Available for Consultation with School Personnel (with parental permission)	COST FACTORS		
								Free Assessment	Sliding Fee Scale	Types of Insurance Accepted
<p><b>Dominion Hospital</b> 2960 Sleepy Hollow Road Falls Church, VA 22044 703.538.2872</p> <p><b>STAFF MEMBERS:</b> Suzanne Jackson, CEO Gary Litovitz, M.D., Medical Director</p>	<p>Children, Adolescents, Adults</p> <p>crisis intervention and safe environment; pharmacological evaluation, treatment, and management; psycho educational groups and activity therapy; individual sessions with physicians, nurses, social workers; daily school instruction; physical exam; discharge planning</p>	<p>Inpatient and partial hospitalization programs for age 3 years old and up; Dominion Hospital treats acute psychiatric anxiety, depression, mood disorders, and other serious psychiatric conditions; primary treatment focus is on acute, short-term crisis stabilization</p> <p>visit <a href="http://www.dominionhospital.com">www.dominionhospital.com</a> for more information</p>	Call for details	Yes	24 hours/7 days	Within 24 hours	Yes	No	No	Participates with most insurance plans; call to verify
<p><b>Capital Hospice Point of Hope Grief Counseling Center</b> 10530 Linden Lake Plaza, Suite 200 Manassas, VA 20109 703.392.6707, Capital Hospice 703.460.9350, Point of Hope Grief Counseling Center <a href="http://www.capitalhospice.org">www.capitalhospice.org</a></p> <p><b>STAFF MEMBERS:</b> Laurie Weiss, LCSW, Community Grief Counselor Tara Thomas, LCSW, Community Grief Counselor Julie Weatherington, Community Outreach</p>	<p>Adults, Adolescents, Children</p> <p>grief issues related to death as a result of long-term illness; sudden accidental death services are available for both Hospice families and community</p>	<p>Grief support groups for adults, adolescents, and children; education and consultation for school personnel; community education programs; one-on-one counseling available; workshops; summer weekend camp for adults, children (6 plus), and teens</p>	Spanish and Korean on a limited basis	Yes	9 am - 5 pm and some evenings	One week or less, services available are based on the schedule of programs	Yes	Yes	Yes	Anthem Blue Cross/Blue Shield, other insurances pending
<p><b>Prince William Hospital Department of Behavioral Medicine Center for Psychiatric and Addiction Treatment</b> 8680 Hospital Way Manassas, VA 20110 703.369.8464</p>	<p>Adolescents, Adults</p>	<p>Inpatient medical detoxification and psychiatric treatment, inpatient and outpatient, etc.; individual and group outpatient therapy; intensive outpatient substance abuse and relapse prevention treatment; no child or adolescent inpatient or partial hospitalization services</p>	Spanish-speaking child psychiatrist	Yes	24 hour evaluations and admissions for emergency patients	Outpatient assessments by appointment	Yes	Yes for in-patient; fee for out-patient	N/A	Most insurances

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<b>Dennis Cozzens, M.D.</b> <b>Tom Kunzig, LCSW</b> <b>Maura Moore, LCSW</b> 13164 Centerpointe Way, Suite 202 Woodbridge, VA 22193 703.897.8970	Children, Adolescents, Adults, and Families	Psychiatric evaluation for medications, special interest in ADHD, childhood depression and behavioral disorders; individual and family therapy also provided	None	Yes	9 am to 8 pm	48 hours for therapists	Yes	No	No	Tricare Standard, Anthem Blue Cross/Blue Shield and most insurance carriers
<b>Michael Sternberg, M.D.</b> 3166 Golansky Blvd., Suite 201 Woodbridge, VA 22192 703.878.3393	Children, Adolescent, and Adult Psychiatry  Clinical research trials for adults and children on depression, ADHD, bipolar disorder, and anxiety disorders (free for patients who meet criteria for entering the study); Medication treatment for depression, panic disorder, evaluation and treatment of ADHD (children and adults), OCD, and anxiety disorders	Psychiatric evaluation and medication management	None	No	Mon - Fri 9 am – 5 pm	Usually 1 to 2 weeks	Yes	Yes for clinical trials only	No	None
<b>Craig C. Krause, M.D.</b> Lake Manassas Medical Psychiatry 7544 Gardner Park Drive Gainesville, VA 20155 703.753.5685 703.940.9179 (fax)	Adolescents	Anxiety disorders, depression	None	None	Tues, Wed - 6 – 7:30 pm; Thurs - 6:30 – 8 pm; Sat 10 – 5 pm	2 – 4 weeks	Yes, by appointment	--	No	Anthem Blue Cross/Blue Shield PPO, FEP Blue Cross/Blue Shield PPO, CareFirst Blue Cross/Blue Shield PPO, Aetna PPO and HMO

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<p><b>Able Counseling Services, LLC</b>                      9300 Forest Point Circle, Suite 113                      Manassas, VA 20110                      703.405.8915                      FAX: 703.257.5088  <a href="http://www.counselingmanassas.com">www.counselingmanassas.com</a></p> <p><b>STAFF MEMBER:</b>                      Deborah Shugars, LCSW                      Email: dshugars@counselingmanassas.com</p>	Children, 5 and older; elementary, middle, and high school students	Mental health therapy; counseling for children 5 and older and adolescents; attachment disorder; bereavement; depression; family counseling; behavior problems; blended families; anger management; social skills; anxiety; divorced (parents – kids upset); adoption adjustment	Limited Spanish		M, W, F – 9 am – 9 pm; T – 4 – 9 pm; Th 6 – 8 pm	1 – 2 days	By phone or email; IEP, etc. if parents pay hourly fee			Anthem CareFirst, Aetna, Medicaid, Tricare, CompPsych, Deer Oaks, private pay, flex accounts, out-of-network
<p><b>Kerry Altman, Ph.D.</b>                      3923 Old Lee Highway, #63-D                      Fairfax, VA 22030                      703.691.1571</p>	All ages  adjustment disorders, mood disorders, attention deficit disorders, post-abuse syndromes, psychological testing, and evaluation	Psychotherapy and counseling, psychological testing and evaluation, services for deaf and hard of hearing individuals	American Sign Language	Yes	M, W, F – 8 am – 5 pm; T, Th – 7 am – 5 pm	1-3 days	Yes	--	Some	Most insurances
<p><b>Lorrie Beyerl, LPC, NCC</b>  <b>Gainesville Professional Counseling Center</b>                      7450 Heritage Village Plaza, Suite 101                      Gainesville, VA 20155                      571.261.1921</p> <p><b>STAFF MEMBER:</b>                      Mary Ellen Everett, LCSW                      Maggie Harvey, LPC                      Rickie Simpson, Ph.D., CNS                      Shanise Allen, LCSW                      Christa Dennis, LMFT                      Todd Wills, LPC</p>	Children, Adolescents	Individual, group, and family counseling; ADHD and behavioral evaluations and intervention	None		All evenings and weekends	2-5 days	Yes	No	Yes	Anthem Blue Cross/Blue Shield, CareFirst, Cigna, Aetna, PHCS, Kaiser, MAMSI, Alliance, Great West, Tricare, United
<p><b>Dr. Bixler and Associates</b>                      9300 Forest Point Circle, Suite 168                      Manassas, VA 20110                      703.369.2362</p> <p><b>ASSOCIATES:</b>                      Renae Smith, M.A.</p>	Children, Adolescents, Adults, Family	Depression, anxiety, stress disorders, parenting problems, marital conflict, learning disabilities, addictions, sexual abuse issues, school issues, behavioral problems, ADHD, anger management, Christian counseling, grief and loss, vocational counseling, self-esteem, communication and relationships	None	No	8 am – 5 pm; some evenings	24 hours to 1 week	Yes	No	No	Most health insurance plans, Tricare

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<p><b>Judy S. Brown, Ph.D.</b>                      214-B Commerce Street                      Occoquan, VA 22125                      703.494.6830</p>	<p>Older Adolescents, Adults (interested in seeing parents of troubled teens, especially as a couple)</p>	<p>Depression, behavior problems, loss issues, stress management, marriage counseling, low self-esteem, anxiety/adjustment disorders, incest, divorce issues, physical/sexual abuse, psychological testing, and PTSD</p>	None	Yes	Afternoon & evening appointments available	1 week to 1 month; emergency cases accommodated	Yes and free to school	No	No	Anthem Blue Cross/Blue Shield of VA, most standard plans reimburse fees
<p><b>Change Works Psychotherapy &amp; Life Coaching Services</b>                      Maureen Fanmin, LCSW                      9315 Center Street, Suite 204                      Manassas, VA 20110                      703.626.0381  <a href="http://www.changeworks.net">www.changeworks.net</a>  <a href="mailto:mfchangeworks@aol.com">mfchangeworks@aol.com</a></p>	<p>Individual and group counseling for girls ages 5-18; also work with boys of all ages</p> <p>Individual and family therapy, Children, Adolescents</p>	<p>Girl Works – therapy groups for girls ages 9 -17; focuses on confidence building, self-esteem, communication, relational aggression and social skills, etc; anxiety, ADHD, depression, ODD; behavior problems</p>	None	Yes	By appointment	Less than 48 hours	Yes	No	Yes	Aetna, Anthem Blue Cross/Blue Shield, Carefirst, CIGNA, Optimum Choice, MAMSI, MDIPA, Value Option, Medicaid
<p><b>Child &amp; Family Counseling</b>                      13649 Office Place, Suite 102                      Woodbridge, VA 22192                      703.670.5738                      After hours emergency: 703.257.3669  <a href="http://www.cfcc.info">www.cfcc.info</a></p> <p><b>STAFF MEMBERS:</b>                      Renee Burdett, M.D., Medical Director                      James J. Crist, Ph.D., CSAC, Clinical Director                      Shawn P. Emmons, Ph.D.                      Katherine B. Harlan, Ph.D.                      Evelyn Flynn, LCSW                      Betty Graves, LCSW                      Beth Waters, LPC</p>	<p>Children, Adolescents, Adults, Couples, Families</p> <p>ADHD, mood disorders, anxiety disorders, parenting issues</p>	<p>Child, adolescent, and adult psychiatric evaluations; psychological assessment; depression; anxiety; Attention Deficit; grief; marriage; divorce; alcohol; individual, family therapy; medication management</p>	None	Yes	Mon – Fri - 9 am – 5 pm; some evenings available	Usually one week or less	Yes	No	No	Anthem Blue Cross/Blue Shield of VA – PPO; Blue Cross/Blue Shield Fed; several HMO/PPO plans; CIGNA; call to verify

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<p><b>Chrysalis Counseling Center</b> 7620 Gardner Park Drive Gainesville, VA 20155 703.753.7773 703.753.0723 (fax)</p> <p>11717 Bowman Green Drive Reston, VA 20190 703.437.0007 703.437.1079 (fax)</p> <p>1100 Sunset Lane, Suite 1310A Culpeper, VA 22701 540.727.0770 540.727.7310 (fax)</p> <p><b>STAFF MEMBERS:</b> Elise A. Stevenson, LCSW, Executive Director Jill Cartwright, LPC Diana Furrow, LPC Mark Simonds, M.D. Deborah Morrow, LCSW Nancy Ashley, LPC Stacy Freilich, MSW Jane Rogers, LPC Kathy Kihl, Ph.D.</p>	<p>Children, Adolescents, Adults</p> <p>Depression, anxiety, ADD/ADHD, adolescent adjustments, children of divorce, phobias, substance abuse, childhood behaviors, eating disorders, sibling rivalry issues, obsessive compulsive behaviors</p>	<p>Outpatient mental health needs, divorce prevention, marital and pre-marital counseling, eating disorders, sexual traumas, ADD/ADHD, phobias, depression, anxiety, medication management available, Christian counseling available, all child and adolescent disorders and family issues, grief and loss</p>	None	Yes	<p>Mon - Thurs 10 am - 8 pm; Fri - 10 am - 6 pm</p>	<p>1 - 2 business days; urgent appointments within 24 business hours</p>	Yes	Free phone consultation	If needed, also have payment plans	<p>Anthem Blue Cross/Blue Shield PPO, Carefirst PPO, Cigna, PHCS, many others</p>
<p><b>Counseling Associates</b> 8401 Dorsey Circle, Suite 201 Manassas, VA 20110 703.330.5155</p> <p><b>STAFF MEMBERS:</b> David C. Banner, LPC, LMFT Neil Heflin-Wells, M.A., LPC William Wilson, LPC Pamela Hampton, LCSW Bernard M. Hirsch, LCSW Donna McAllister, LCSW Saundra Ladd, LPC</p>	<p>Children, Adolescents, Adults, Family</p>	<p>Individual, family, group therapy; mood disorders; substance abuse; children of alcoholics, co-dependency; anger and impulse control; ADHD; ADD; crisis intervention; death, dying, grief; panic &amp; anxiety; parenting; stress; incest survivors</p>	None	Yes	<p>Week-days, some evenings</p>	<p>Immediate for emergencies, several days for other appointments</p>	Yes	No	No	Most health insurances
<p><b>Day Break Counseling Services</b> Tom Hudson, LPC, CSOTP Donna L. Galpin, LPC, NCC 9851 Business Way Manassas, VA 20110 703.257.7070 Fax: 703.335.1355</p>	<p>Individuals, Families, Groups</p>	<p>ADHD, family abuse, sexual abuse, Oppositional Defiant Disorder, Conduct Disorder, Adjustment Disorders, depression, anxiety, anger management, stress management</p>	None	<p>Yes, American Indian</p>	<p>Mon - Thurs - 10 am - 7 pm</p>	<p>24 - 48 hours</p>	Yes, by phone	<p>Initial \$100, hourly \$90, threat assm't \$390, other assm't \$70/hr</p>	Yes	Most health insurances

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<p><b>Sarika Garga, Ph.D.</b>                      Licensed Clinical Psychologist                      Behavioral Care Services                      7350 Heritage Village Plaza, Suite 101                      Gainesville, VA 20155                      703.398.1085</p>	<p>Children,                      Adolescents,                      Young Adults,                      Families</p>	<p>Comprehensive psycho-educational evaluations; diagnostic evaluation and therapy for learning disabilities (dyslexia, memory, processing, etc.); ADHD; behavioral problems (oppositional defiant, conduct disorder); mood disorder (depression, anxiety), developmental disorders (autism, Asperger's, developmental delays); social skills and adaptive functioning; gifted children testing; individual, group, family therapy for children, young adults, and families; recommendations for special education, IEP, and 504 plan</p>	<p>Hindi, Punjabi, Urdu</p>	<p>--</p>	<p>By appointment, evening and weekend hours also available</p>	<p>Usually one week or less, immediate for emergencies</p>	<p>Yes</p>	<p>No</p>	<p>No</p>	<p>Most insurance companies</p>
<p><b>Judy Glossman-McGraw, LCSW</b>                      8348 Traford Lane, Suite 201                      Springfield, VA 22152                      703.913.5170</p>	<p>Children,                      Adolescents,                      Adults, issues related to hearing impairment, deafness</p>	<p>Individual, couples, family psychotherapy for children, adolescents, adults</p> <p>Treatment of children/adolescents and families who are experiencing adjustment problems, emotional difficulties secondary to ADHD or learning problems, adolescent adjustment issues, separation-individualization of family members, family separation/divorce and reconfiguration, personal growth and self-actualization for women.</p> <p>Also, work with hearing impaired and deaf individuals and/or families, can use sign language. (MCE) manually coded English.</p>	<p>Sign language: manually coded English (MCE)</p>	<p>No</p>	<p>By appointment only</p>	<p>Usually within 1 week</p>	<p>By appointment</p>	<p>No</p>	<p>No</p>	<p>CareFirst, Anthem Blue Cross/Blue Shield, Blue Choice, Value Options, others as appropriate</p>
<p><b>Gohman Psychological Services</b>                      8811 Sudley Road, Suite 204                      Manassas, VA 20110                      703.798.2884</p> <p><b>STAFF MEMBERS:</b>                      Jeannie Gohman, Psy. D.                      Yorvaska Salazar, Psy. D., RPT-S                      Della Morales, M.A., LPC</p>	<p>Children,                      Adolescents,                      Adults</p>	<p>Individual, couples, family and group therapy; psychological testing; services in Spanish as well</p>	<p>Spanish</p>	<p>Yes</p>	<p>By appointment only</p>	<p>1 to 2 weeks</p>	<p>Yes</p>	<p>No</p>	<p>Yes</p>	<p>Aetna, Anthem Blue Cross/Blue Shield, Cigna, Magellan, UBF, CareFirst</p>

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<b>Group Therapy Associates</b> Llouana Harper, LPC Esther Boykin, LMPT 15125 Washington Street, Suite 200 Haymarket, VA 20169 703.644.8041 <a href="http://www.grouptherapyassociates.org">www.grouptherapyassociates.org</a>	Children, Adolescents, Adults  Various general and mental health issues such as family conflict, relationship problems, anger management, depression, anxiety, ADD or ADHD, social skills, and parenting difficulties	Group counseling for individuals, couples, and families; consultations; mental health assessments; and some individual, couples, and family counseling	None	Yes	Call for hours	As soon as possible	Yes	N/A	Yes	None at this time, but it is under consideration
<b>Health Wise, Inc.</b> <b>Jo Ann Thomas, LPC, LMFT</b> 5585 Old Farm Lane Manassas, VA 20109 703.754.4194	All ages  emotional and behavioral disorders for children and teens, parent "coaching" (reinforce positive parenting skills), family therapy to encourage healthy communication and problem-solving	Individual therapy, play therapy, couples and family therapy	None	No	Mon – Fri - 9 a.m. to 6:30 p.m.	2 to 3 days	Yes			Anthem Blue Cross/Blue Shield, MAMSI, Alliance, MDIPA, Value Options, NCPPO, Magellan, Aetna, Care 1 <sup>st</sup> PPO, United
<b>J. Lawrence Jamieson, Ph.D.</b> 3923 Old Lee Highway, #63-D Fairfax, VA 22030 703.691.2408	Children, Adolescents, Adults  ADHD, anxiety, depression, sexual abuse, post traumatic stress disorder	Psychotherapy and counseling, psychological testing and evaluation	None	No	Hours vary, some evenings	48 hours	Yes	No	Some	Most insurances
<b>Lighthouse Counseling and Consulting Services, LLC</b> Sonya Bryce, LPC, NCC 204 Ellicott Street P.O. Box 598 Occoquan, VA 22125-0598 703.490.968, Ext. 1 703.490.9682 (fax)	Age 5 and older  ADD, anxiety, depression, behavioral problems, social skills, family problems—separation, divorce, loss, trauma, domestic violence	Outpatient mental health counseling—individuals, couples, families, and groups	None	No	Mon and Wed - 9 am – 7 pm; Tues and Thurs – 9 am – 2 pm	1 – 2 days	Yes	No	Yes	Most insurances

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<p><b>Merrill McCarter, LCSW</b>                      14904 Jeff Davis Highway, Suite 411                      Woodbridge, VA 22191                      703.491.7072</p>	<p>Middle &amp; high school age adolescents, adults</p>	<p>Depression, anger, anxiety, stress, sexual abuse, grief and loss, divorce, separation</p>	<p>None</p>	<p>No</p>	<p>Mon, Tues, Wed, Fri - 2:30 – 7:30 pm                      Thurs and Sat - 7:30 – 11:30 am</p>	<p>1-2 days</p>	<p>Yes</p>	<p>No</p>	<p>In some cases</p>	<p>Most, including Medicare; Health Keepers; Medicaid</p>
<p><b>Sandra McIntosh, LPC, RPT-S</b>                      7225 Nathan Court                      Manassas, VA 20109                      703.943.7481                      703.815.9057 (fax)</p> <p>14701 Lee Highway, Suite 208                      Centreville, VA 20121</p> <p>Mailing address:                      P.O. Box 1568                      Centreville, VA 20122</p>	<p>Children, Adolescents, Adults (up to 65); grief and loss through play therapy, ADD and ADHD; play and parent education; substance abuse</p>	<p>Play therapy, substance abuse, parent education, family and individual therapy, behavior modification, psychoanalysis, cognitive restructuring, Rational/Emotional Therapy (RET)</p>	<p>None</p>	<p>Yes</p>	<p>Call for appointment</p>	<p>24 hours</p>	<p>Yes</p>	<p>No</p>	<p>No</p>	<p>Anthem Blue Cross/Blue Shield, CareFirst, Magellan, Aetna, Unicare, MHNET, UBH Medicaid</p>
<p><b>Toni McMillan, Ph.D.</b>  <b>A Counseling Place: The Center for Cognitive Therapy of Virginia</b>                      12866 Harbor Drive                      Woodbridge, VA 22192                      703.497.0901</p> <p><b>STAFF MEMBER:</b>                      Lawrence Fabian, LCSW, J.D.</p>	<p>Children, Adolescents, Adults, Families, Couples</p> <p>certified clinic for Cognitive-Behavior Therapy</p>	<p>Children: ADD, impulse control issues, depression, phobia                      Adolescents: ADD, impulse control issues, depression, phobia                      Adults: Depression, anxiety, phobias, obsessive/compulsive, bereavement, divorce, post-partum depression, couple and family therapy</p>	<p>Spanish (Dr. McMillan)</p>	<p>No</p>	<p>Mon - Fri</p>	<p>1 week (always try to fit in if in extreme crisis)</p>	<p>Yes</p>	<p>No</p>	<p>No</p>	<p>None</p>
<p><b>Jacqueline Pouncy-Smith</b>                      12890 Harbor Drive                      Woodbridge, VA 22192</p>	<p>Children, Couples, Families, Adolescents</p>	<p>Confidential clinical psychotherapy (individual, family and couples)</p>	<p>None</p>	<p>Yes</p>	<p>By appointment</p>	<p>No more than 24 hours, crisis cases seen immediately</p>	<p>Yes</p>	<p>\$100</p>	<p>Yes</p>	<p>All</p>

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<p><b>Prince William Family Counseling, P.C.</b>                      8140 Ashton Avenue, Suite 200                      Manassas, VA 20109                      703.330.9933                      703.368.8454 (fax)</p> <p><b>STAFF MEMBERS:</b>                      Henry Koch, Ph.D.                      Lauren Fischer, Psy.D.                      Audra Sacher, Psy.D.                      Peter Scialli, Psy.D.                      Aida Johnson, LCNS                      Patrick Stiehm, LPC                      Helen N. Dungan, Ed.D., LPC                      Brenda Gillette, LPC                      Julie Feurer, LCSW                      Saranna Rankin, LCSW                      Liz Button, LPC                      Audrey Fried, LCSW                      Nancy Giffen, LCSW                      Marianne Redmond Lopez, LCSW                      Elliott J. Schwartz, LCSW                      Jennifer Rochel, LCSW                      Kamar Sumrall, LCSW                      Tamara Vitela, LCSW                      Mary Wiggins, LCSW                      Wendy Hasychak, LPC                      Antoniette Jones, LPC                      Susan Piti, LPC</p> <p>12721 Darby Brooke Court, Suite 102                      Woodbridge, VA 22192                      703.497.1771                      703.497.1225 (fax)</p> <p><b>STAFF MEMBERS:</b>                      Patrick Stiehm, LPC                      Jaime Racer, LPC                      Lorrie Mayberry, LPC                      Lisa Harmon, LCSW                      Irene Ilanchinski, LCSW                      Rita Maise, LCSW                      Lois Mitchell, LCSW                      Shryn Nyarko, LCSW                      Cynthia Zorn-Pettigrew, LCSW</p>	<p>Children, Adolescents, Adults, Families</p> <p>Outpatient psychological counseling</p>	<p>Therapy; psychological testing; psycho-educational testing; consultations; outpatient mental health for individuals, couples, families, groups; orientation focus, cognitive, behavioral, social skills training; intensive outpatient substance abuse program for adolescents and their families</p>	<p>Spanish-speaking clinician in Woodbridge office</p> <p>Mandarin Chinese clinician in Manassas and Stafford offices</p>	<p>Yes</p>	<p>Mon – Sat                      7 a.m.- 10 p.m.</p>	<p>24 hours, call for more information and immediate appointments for emergencies</p>	<p>Yes</p>	<p>No</p>	<p>Call for information</p>	<p>Most major insurance plans; call for information</p>

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								Free Assessment	Sliding Fee Scale	Types of Insurance Accepted
<p><b>Prince William Family Counseling, P.C.</b> (cont'd)</p> <p>11 Hope Road, Suite 213 Stafford, VA 22554 540.658.0888 540-658-0855 (fax)</p> <p><b>STAFF MEMBERS:</b> Jean Atkinson, LPC Michael Bell, LPC Marcia Estes, LPC Dawn Atkinson, LCSW Brian Jennings, LCSW Kelly-Ann Savage, LCSW Karola Thurman, LCSW</p>										
<p><b>Psychological and Life Skills Associates, P.C.</b> 2239-F Tackett's Mill Drive Lake Ridge, VA 22192 703.490.0336</p> <p><b>STAFF MEMBERS:</b> Anthony R. DiFrancesco, Ph.D. Matthew Brody, Ph.D. Linda Fama, Ph.D. K. Strand, Ph.D. Jason Epstein, Psy. D. Christopher T. Haley, Psy.D. Leigh Hope, Psy.D. Andrea Mattison, Psy.D. Donna Price, LPC</p>	Children, Adolescents, Adults	Individual, group and family therapy for children through adults; couples therapy; specialists are diverse within group practice, i.e.: parent-child relationships; individualization and separation; loss, grief and divorce; stress; adjustment and anxiety disorders; learning disabilities and school motivation; social skills and peer relationships; survivors of abuse and neglect; child, adolescent and adult depression, acting-out behavior; psychological & neuropsychological evaluations; empowerment groups for teenagers and adults with depression, anxiety, and attention concerns	None	Yes	Mon -Sat morning, afternoon, & evening appointments	Average 1-5 days, depending upon urgency	Yes	No	No	Tricare, Anthem Blue Cross/ Blue Shield, Kaiser, CareFirst PPO, Medicare
<p><b>Wanda Sabin, LCSW</b> 7230 Heritage Village Plaza, Suite 102 Gainesville, VA 20155 703.715.6049</p>	Adults	Individuals and couples, depression and anxiety, relationships, life adjustments, and transitions	None	No	Mon – Fri - 9 am - 7pm	None	Yes	No	No	PPO's and most major insurances
<p><b>Suanne Shocket, Psy.D.</b> (Licensed Clinical Psychologist) 8140 Ashton Avenue, Suite 100 Manassas, VA 20109 703.330.1072</p>	Adolescents, Adults  Sport and exercise psychology, eating disorders, anxiety, depression, stress management	Outpatient and individual psychotherapy, couples therapy, family therapy for adolescents and adults, sport psychology consultation, supervision for licensure of mental health professionals	None	Yes	Mon – Thurs - 10 am - 7 pm; Fri – 10 am.- 3 pm.	3 - 5 working days	Yes	No	--	Anthem Blue Cross/ Blue Shield, First Health, Medicare

NAME, ADDRESS, TELEPHONE	Targeted Age Group(s) and Areas of Specialization	DESCRIPTION OF SERVICES	Language(s) Spoken in Addition to English	Multi-cultural/ Diversity Emphasis	Hours	Approximate Wait Time for Initial Interview	Available for Consultation with School Personnel (with parental permission)	COST FACTORS		
								Free Assessment	Sliding Fee Scale	Types of Insurance Accepted
<p><b>Jama Thurman, LPC</b>                      9246 B Mosby Street                      Manassas, VA 20110                      703.330.6088  <a href="http://www.lifechanginggrowth.com">www.lifechanginggrowth.com</a></p>	<p>Ages 12 and older, teen/women, Christian counseling, stress, depression, anxiety</p>	<p>Individual counseling</p>	<p>None</p>	<p>No</p>	<p>Mon – Fri                      10 am – 7 pm</p>	<p>24 – 48 hours</p>	<p>Yes</p>	<p>Yes, by phone</p>	<p>No</p>	<p>Anthem Blue Cross/Blue Shield, other insurances accepted out-of-network</p>
<p><b>Sarah VonHarten, LCSW</b>                      204 Ellicott Street                      P.O. Box 598                      Occoquan, VA 22125                      703.490.9680</p>	<p>2 years through adulthood, specialize in trauma and abuse history with use of play therapy as well as ADHD and mood disorders</p>	<p>Play therapy with children, insight-oriented therapy with adolescents, family therapy, supportive counseling with parents</p>	<p>None</p>	<p>No</p>	<p>Mon – Thurs                      9 am- 7 pm</p>	<p>1 – 2 days average</p>	<p>Yes</p>	<p>Over the phone</p>	<p>Yes</p>	<p>Most insurances</p>
<p><b>Woodbridge Psychological Associates</b>                      2200 Opitz Blvd., #105-B                      Woodbridge, VA 22191                      703.491.0042  <a href="http://www.wpapc.com">www.wpapc.com</a></p> <p><b>STAFF MEMBERS:</b>                      W. Stejskal, Ph.D.                      Rita M. Romano, LCSW                      Karen Fitzgerald, Ph.D.</p>	<p>Adults, Teens, Families, Couples</p>	<p>Individual and couples therapy, psychological testing and evaluation, depression, anxiety, stress, relationship problems, loss, adjustment to illness, neuropsychological testing, ADHD assessment, forensic evaluations for juvenile and criminal court, risk assessment</p>	<p>None</p>	<p>No</p>	<p>Early am to late pm</p>	<p>1 - 3 days</p>	<p>Yes</p>	<p>No</p>	<p>No</p>	<p>Most plans, HMOs, PPOs</p>

NAME, ADDRESS, TELEPHONE	Targeted Age Group(s) and Areas of Specialization	DESCRIPTION OF SERVICES	Language(s) Spoken in Addition to English	Multi-cultural/Diversity Emphasis	Hours	Approximate Wait Time for Initial Interview	Available for Consultation with School Personnel (with parental permission)	COST FACTORS		
								Free Assessment	Sliding Fee Scale	Types of Insurance Accepted
<p><b>Center for Pastoral Counseling of Virginia</b>                      P.O. Box QQ                      McLean, VA 22101                      703.903.9696  <a href="http://www.pastoralcounseling.com">www.pastoralcounseling.com</a></p> <p>Manassas Office:                      Kathie Kurtz, D.Min., LPC                      Laurie Page, LPC</p> <p>Dale City Office:                      Heather Guthrie-Hoey, MS, LPC</p>	<p>Children, Adolescents, Families, Couples, Adults;</p> <p>blended family issues, grief/loss, depression, substance abuse, eating disorders, ADHD, divorce/family separation and loss, developing frustration tolerance skills, chronic illness, crisis intervention</p>	<p>Non-profit 501(c)3 counseling/psychotherapy for a wide variety of issues; offices in Manassas, Woodbridge and other office locations in Northern Virginia, two in DC; see website</p>	None	Yes	By appointment	24 – 36 hours	Yes	No	Yes	Several major insurance companies accepted
<p><b>Crossroads Counseling Center</b>                      (A Branch of Children’s Services of Virginia, Inc)                      7547 Presidential Lane                      Manassas, Virginia 20109                      (703)361-1525  <a href="http://www.childrenservicesofva.com">www.childrenservicesofva.com</a></p> <p><b>STAFF MEMBERS:</b>                      Sandra Molle, LPC, Clinical Director                      Archana Dogra, PhD, Clinical Psychologist</p>	<p>Children, Adolescents, Families</p> <p>Parent-child relationship, emotional difficulties, learning difficulties, impulse control, depression, anxiety, acting out behaviors, behavior management, school motivation, eating disorders, mood disorder, PTSD, Borderline Personality Disorder</p>	<p>Intensive in-home therapy for families with a child/adolescent at risk of out-of-home placement; psychological evaluations; outpatient therapy (individual, group, family); intensive outpatient therapy; psycho-educational groups; psychotherapy groups; day treatment support services in the public school</p>	Sign Language (one clinician) and Spanish (two clinicians)	Yes	24 hrs/7days	3 – 7 days, within 24 hours for crisis situations	Yes	N/A	N/A	Medicaid approved for intensive in-home, other insurances pending
<p><b>Multicultural Clinic Center</b>                      6563 Edsall Road                      Springfield, VA 22151                      703.354.0000</p> <p><b>STAFF MEMBERS:</b>                      Rebecca Keegan, Executive Director                      Gladys Santiago, Coordinator and Home-based Administrative Director                      Pablo Moro, Clinical Director, Coordinator of Sex Offender Treatment                      Ann Wood, Director of Operations  <a href="mailto:service@mccva.com">service@mccva.com</a>, <a href="http://www.mccva.com">www.mccva.com</a></p>	<p>Children, Adolescents, Adults</p> <p>Children, Adolescents</p>	<p>Cross-cultural comprehensive mental health and substance abuse services, including (but not limited to) psychological evaluations, sexual abuse treatments for victims and offenders, family therapy, domestic violence, etc.</p> <p>Crisis Stabilization Services. An alternative to residential treatment. Prince William County contract with Multicultural Clinic Center.</p>	Spanish, Farsi, Korean, Vietnamese, Urdu, Arabic, Cambodian, French	Yes	Flexible	1 – 2 weeks	Yes	CSA contract	No	Medicaid approved for intensive in-home counseling
					24 hours/7 days	4 – 8 days	Yes	Prince William contract	--	--

**AREA MENTAL HEALTH RESOURCES**

**Agencies**

NAME, ADDRESS, TELEPHONE	Targeted Age Group(s) and Areas of Specialization	DESCRIPTION OF SERVICES	Language(s) Spoken in Addition to English	Multi-cultural/ Diversity Emphasis	Hours	Approximate Wait Time for Initial Interview	Available for Consultation with School Personnel (with parental permission)	COST FACTORS		
								Free Assessment	Sliding Fee Scale	Types of Insurance Accepted
<b>Multicultural Clinic Center (cont'd)</b>	Children, Adolescents and their families	Intensive therapeutic in-home counseling for families at risk of disintegration	Spanish		24 hours/ 7 days	4 – 8 days	Yes	CSA contract		
	Adolescent, Adult	Sex offender treatment			Flexible	1 – 2 weeks				
	Adolescent, Adult	Boundary Project Treatment for children 4 – 11 with problem sexual behaviors	Spanish		--	1 – 2 weeks				
	Adolescent, Adult	Substance abuse treatment			Flexible	1 – 2 weeks				
	Children	Children's Corner. Treatment for children who have experienced abuse and/or neglect	Multiple languages		Flexible	1 – 2 weeks				
	Adolescents	Gang intervention services, counseling/case management for gang related/involved adolescents; psycho-educational group	Multiple languages		24/7	4 – 8 days				
<b>Prince William County Community Services Board</b> 7969 Ashton Avenue Manassas, VA 20109 703.792.7800  Ferlazzo Building 15941 Donald Curtis Drive Woodbridge, VA 22191 703.792.4900	All ages	Mental health services provide counseling and case management for individual, couples, adolescents and family; mental retardation services help to link clients and families to needed vocational, recreational, and residential programs for individuals; substance abuse – staff evaluates and assists individuals and families dealing with drug and alcohol issues, early intervention services are provided for infants and toddlers, birth to 3 years, who have a disability or developmental delay	Spanish (therapists); translators contracted	Yes	Mon - Thurs 8 am – 9 pm Fri 8 am – 5 pm	24 hour assessment, crisis intervention and coordination of services for individuals with <u>urgent</u> mental health, mental retardation, or substance abuse needs; all others by appointment	Yes	No	Yes	Most insurance companies
<b>Prince William County Community Services Board Substance Abuse Services (Adult)</b> West End 7969 Ashton Avenue Manassas, VA 20109 703.792.7800  <b>Substance Abuse Services (Adult)</b> East End Ferlazzo Building 15941 Donald Curtis Drive, Suite 200 Woodbridge, VA 22191 703.792.4900	Over 18	Treatment services for residents experiencing problems with substance abuse themselves or in their family, individual, family and group counseling, referrals to regional residential treatment programs are provided	Spanish; other languages through translators	Yes	Mon – Thurs 8 am – 9 pm, Fri. 8 am – 5 pm, 24 hour emergency coverage	By appointment; varies	Yes	No	Yes	Most insurance companies

**AREA MENTAL HEALTH RESOURCES**

**Agencies**

NAME, ADDRESS, TELEPHONE	Targeted Age Group(s) and Areas of Specialization	DESCRIPTION OF SERVICES	Language(s) Spoken in Addition to English	Multi-cultural/ Diversity Emphasis	Hours	Approximate Wait Time for Initial Interview	Available for Consultation with School Personnel (with parental permission)	COST FACTORS		
								Free Assessment	Sliding Fee Scale	Types of Insurance Accepted
<p><b>Prince William County Health Department</b> (health counseling)                      Manassas Office                      9301 Lee Avenue                      Manassas, VA 20110                      703.792.6300</p> <p>Smoketown Office                      13792 Smoketown Road                      Woodbridge, VA 22192                      703.792.7300</p>	<p>Children, Adolescents, Adults</p> <p>Health services</p>	<p>Wide variety of medical and related counseling services</p>	<p>Spanish; other languages on call, as needed</p>	<p>On call, as needed</p>	<p>Mon – Fri                      8 am – 4:30 p.m.</p>	<p>By appointment or clinic hours</p>	<p>Yes</p>	<p>N/A</p>	<p>Yes</p>	<p>Medicaid</p>
<p><b>Rappahannock Area Child Development Center</b>                      10708 Ballantraye Drive, Suite 204                      Fredericksburg, VA 22407                      540.891.3151                      (staff consists of one each: psychologist, social worker, pediatrician, public health nurse, educational consultant)</p>	<p>Children, Adolescents</p> <p>Comprehensive interdisciplinary evaluations</p>	<p>This team does multi-disciplinary evaluations with children to age 21 who may have behavior, learning, or emotional problems. Reports are written for parents and other agencies. Follow-up is conducted to help move the families toward services. These CDC clinics are approved by the state as Second Opinion Agencies.</p>	<p>None</p>	<p>No</p>	<p>Mon – Fri –                      8 am – 4:30 pm</p>	<p>About 3 months</p>	<p>Yes</p>	<p>No</p>	<p>0 to \$579</p>	<p>The Center is a Medicaid provider.</p>
<p><b>Virginia Home Based Counseling, P.C.</b>                      8140 Ashton Avenue, Suite 200                      Manassas, VA 20109                      703.367.7800</p>	<p>Children, Adolescents</p>	<p>In-home counseling services for children/adolescents returning home or at risk for being placed out of the home</p>	<p>Spanish</p>	<p>Yes</p>	<p>24 hours/7 days</p>	<p>Same day</p>	<p>Yes</p>	<p>N/A</p>	<p>N/A</p>	<p>Medicaid, FAPT, FAST, Anthem Health-keepers Plus, Amerigroup</p>

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								Free Assessment	Sliding Fee Scale	Types of Insurance Accepted
<p><b>Rainbows International</b> Meetings held at – Manassas Church of the Brethren 10047 Nokesville Road Manassas, VA 20110</p> <p>Contact: Reverend Dr. Larry L. Lee, Coordinator 703.392.8006 larrylee2008@comcast.net</p> <p>Sponsored by – The Price Family Funeral Services Manassas, VA 20110 703.335.5557 <a href="mailto:larrylee2008@comcast.net">larrylee2008@comcast.net</a></p>	Ages 5 – 15	Support groups for children grieving a loss from a life-alternating crisis such as death, divorce, or other painful transitions in their family	Would try to provide groups in another language, if required	--	Arranged to the benefit of parents, etc.	Need five participants to begin a group	Yes	No fee	--	--
<p><b>SAVAS Sexual Assault Victims Advocacy Service</b> P.O. Box 4783 Woodbridge, VA 22194-4783 703.497.1192 24 hour hotline 703.368.4141 Joni Canfield, Executive Director</p> <p><b>STAFF MEMBERS:</b> Joni Canfield, Executive Director Dee Mann, Associate Director Yanett Ordonez, Hispanic Client Services Shirley Hopkins, Client Services, Manassas</p>	Adolescents, Adults, Male, Female  sexual assault crisis intervention/ support	24 hours/7 days sexual assault crisis intervention, hospital accompaniment, support groups, community resource referrals, legal advocacy, community education, individual crisis counseling, safety/empowerment program	Spanish	Yes	Mon – Fri 9 am – 5 pm,  24-hour hotline	Initial interview: next business day	Yes	Yes (non-profit corp.)	Free	Free

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