

Code of Behavior/ Regulation

Prince William County Public Schools is committed to creating a school environment that is free from bullying and harassment. The school administrator will respond quickly and decisively to reported incidents of bullying.

Specific information about bullying and how to report incidents is found in the Code of Behavior.

Prince William County Public Schools Regulation 733.01-1, Bullying of Students, provides detailed guidelines for staff to utilize when responding to bullying complaints.

A U.S. Senate Medallion of Excellence Recipient providing...A Quality Education for the children, the community and the future!

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The Prince William County Public School Division does not discriminate in employment or in its educational programs and activities against qualified individuals on the basis of race, color, national origin, religion, sex, pregnancy, age, veteran status, or disability.

Ways for Students and Parents to Report Bullying

◆ Talk to:

- School Administrator
- Teacher
- School Counselor
- School Nurse
- School Psychologist
- School Social Worker
- Student Assistance
Program Specialist

◆ Complete a Complaint of Bullying form (found in the Code of Behavior)

◆ Call the PWCPs Anonymous Tip Line: 703-791-2821

For more information, please contact:
Office of Student Services
P.O. Box 389
Manassas, VA 20108

Telephone: 703-791-7257
Fax: 703-791-8839
Website: www.pwcs.edu



Bullying and Harassment

Office of Student
Services
Tel: 703.791.7257

What is Bullying?

Bullying is a form of aggressive, harassing and manipulative behavior. It occurs across all geographic, racial and socioeconomic boundaries.



No child deserves to be bullied and no child

should bully another. Parents can be instrumental in helping their child by learning the signs of aggressive and harassing behaviors and by knowing strategies to deal with bullying when it occurs. The best protection parents can offer their child is to foster confidence and self-esteem. Talking openly about respect for self and others will increase tolerance for differences.



The Bully:

A bully is someone who wants to control others by manipulating and embarrassing them. Bullying is never okay. It is a learned behavior and can be changed. The bully can receive help and support to change bullying behaviors by visiting the school staff members listed in this brochure.

Examples of Bullying:

- ◆ Name calling
- ◆ Teasing, making fun of someone
- ◆ Spreading rumors
- ◆ Putting down others
- ◆ Starting lies about someone
- ◆ Expressing sarcasm, subtle negative comments
- ◆ Excluding specific persons
- ◆ Pushing
- ◆ Tripping
- ◆ Ridiculing
- ◆ Threatening
- ◆ Racial taunting
- ◆ Intimidating
- ◆ Making sexual comments or innuendos

What Parents Can Do:

Talk to your child about bullying and harassment. Ask, if you think your child is being bullied. Encourage your child to report bullying at school to teachers, school counselors or the principal.

What Victims Can Do:

- ◆ Report bullying at school to teachers, school counselors, the principal and talk to your parents
- ◆ Ignore the bully or don't react
- ◆ Walk away
- ◆ Be assertive, but do not get into a physical or verbal fight
- ◆ Hold your head up, show confidence in yourself
- ◆ Use humor
- ◆ Stick with a friend when going to and from school, during class changes and at lunch time
- ◆ Avoid the bully when necessary

The Witness:

If you observe incidents of bullying, support the victim. Tell the bully to stop, do not laugh or side with the bully. Don't confront the bully if you think someone may get hurt. Report all incidents of bullying to school staff and encourage the victim to do the same.