

# **Area Mental Health Resources**

## **Hospital/Crisis Intervention**

**Psychiatrists**

**Therapists**

**(Psychologists, Social Workers, and Counselors)**

**Agencies**

**Other**

*Office of Student Services*  
*“Preparing All Students to Achieve Success”*

## **School Board**

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*Chairman At-Large*

Mr. Gil Trenum  
*Vice Chairman*  
*Brentsville District*

Mrs. Lisa E. Bell  
*Neabsco District*

Dr. Michael I. Otaigbe  
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Mrs. Alyson A. Satterwhite  
*Gainesville District*

Mrs. Lillie G. Jessie  
*Occoquan District*

Ms. Loree Y. Williams  
*Woodbridge District*

## **Superintendent of Schools**

Dr. Steven L. Walts



*Prince William County Public Schools (PWCS) does not discriminate in employment or in its educational programs and activities against qualified individuals on the basis of race, color, religion, national origin, sex, pregnancy, childbirth or related medical conditions, age, marital status, veteran status, or disability. PWCS provides equal access to the Boy Scouts and other designated youth groups. The following individual(s) will handle inquiries regarding nondiscrimination policies, including Section 504 and Title IX:*

*Associate Superintendent for Human Resources  
Prince William County Public Schools  
P.O. Box 389  
Manassas, VA 20108*

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Office of Student Services' Mission Statement:

To provide comprehensive and integrated support programs and services that promote student achievement and personal growth.

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Note: The contents of this resource directory are printed as submitted by area practitioners who responded to a general request. The Office of Student Services has coordinated the collection and distribution of this information; however, this does not in any way constitute an endorsement of the resources included in this directory.



Hospital/Crisis Intervention								
NAME, ADDRESS, TELEPHONE and STAFF MEMBERS	Targeted Age Group(s) and Areas of Specialization	DESCRIPTION OF SERVICES	Language(s) Spoken in Addition to English	Hours	Approximate Wait Time for Initial Interview	Free Assessment	Sliding Fee Scale	Types of Insurance Accepted
<b>Dominion Hospital</b> 2960 Sleepy Hollow Road Falls Church, VA 22044 703.538.2872 or 703.563.2000  <b>STAFF MEMBERS:</b> Cindy Meyer, CEO Gary Litovitz, M.D., Medical Director  <a href="http://www.dominionhospital.com">www.dominionhospital.com</a>	Children, Adolescents, Adults  Reflections Eating Disorder Treatment Center: INPT Partial Hospitalization (day), Intensive Outpatient Program	Inpatient, intensive outpatient, and partial hospitalization programs for age 5 years old and up; Acute psychiatric anxiety, depression, mood disorders, and other serious psychiatric conditions; primary treatment focus is on acute, short-term crisis stabilization Eating disorder unit; pharmacological evaluation, treatment, and management; psycho educational groups and activity therapy; daily school instruction; physical exam; discharge planning	Call for details	24 hours/ 7 days	Within 24 hours	No	No	Participates with most insurance plans; call to verify CSA Contracted
<b>Novant Health Behavioral Health Outpatient Services Prince William Medical Center</b> 8680 Hospital Way Manassas, VA 20110 703.369.8055, option #1	Adolescents, Adults	Inpatient medical detoxification and psychiatric treatment, inpatient and outpatient, etc.; individual and group outpatient therapy; intensive outpatient substance abuse and relapse prevention treatment; no adolescent inpatient or partial hospitalization services	N/A	24 hour evaluations & admissions for emergency room patients Office hours 8:30 a.m.– 5 p.m.	Outpatient assessments by appointment	Yes for in-patient; fee for out-patient	N/A	Most insurances

**Action in Community Through Service (ACTS)**

703-368-4141 | 1-800-273-TALK (8255)

ACTS Helpline is a free service of ACTS for all residents of Prince William County and the cities of Manassas and Manassas Park. For 24 hours a day, ACTS Helpline offers:

- Confidential listening
- Information and referrals
- Crisis intervention for suicide, sexual assault, substance abuse and physical abuse
- Primary telephone relay for S AVAS (Sexual Assault Victims' Advocacy Service), SAS (Surviving After Suicide), Renewed Hope, LOSS (Local Outreach to Suicide Survivors) Team and Senior Link
- Helpline listeners help callers clarify their thoughts and feelings. Problems of any size can be addressed with ACTS Helpline's non-judgmental listeners using extensive resources.

**1.800.SUICIDE (1.800.784.2433) 24 hour hotline**

Psychiatrists								
NAME, ADDRESS, TELEPHONE and STAFF MEMBERS	Targeted Age Group(s) and Areas of Specialization	DESCRIPTION OF SERVICES	Language(s) Spoken in Addition to English	Hours	Approximate Wait Time for Initial Interview	Free Assessment	Sliding Fee Scale	Types of Insurance Accepted
<p><b>Family Psychiatric Associates</b> Dennis Cozzens, M.D. 4349 Ridgewood Center Drive, Suite 101 Woodbridge, VA 22192 703.897.8970</p> <p><b>STAFF MEMBERS:</b> Kim Carr, LCSW Tom Kunzig, LCSW Maura Moore, LCSW Erica Bindrim, Family PMHNP-BC</p>	Children, Adolescents, Adults, and Families	Psychiatric evaluation for medications, special interest in ADHD, childhood depression and behavioral disorders; individual and family therapy also provided	None	9 a.m. - 8 p.m.	48 hours for therapists	No	No	Tricare Standard, Anthem Blue Cross/Blue Shield and most Blue Cross Blue Shield carriers – PPO not HMO
<p><b>Lake Manassas Medical Psychiatry</b> Craig C. Krause, M.D. 7544 Gardner Park Drive Gainesville, VA 20155</p> <p>703.753.5685 (fax) 703.940.9179</p> <p>5675 Stone Rd., Suite 320 Centreville, VA 20120 703.753.5685</p>	Age 7 and up - Children, adolescents, and adults	Anxiety disorders, depression ADD, ADHD, Bipolar Disorder, Schizophrenia, Asperger's Syndrome, etc.  For more information please visit: <a href="http://www.fairfaxmentalhealth.com">www.fairfaxmentalhealth.com</a>	None	Gainesville: Mon. – Wed: 10 a.m. – 6:30 p.m. Centreville: Thurs.: 10 a.m. – 6:30 p.m. Frid.:10 a.m. – 5 p.m.	1 - 2 weeks		No	None

Therapists (Psychologists, Social Workers, Counselors)								
NAME, ADDRESS, TELEPHONE and STAFF MEMBERS	Targeted Age Group(s) and Areas of Specialization	DESCRIPTION OF SERVICES	Language(s) Spoken in Addition to English	Hours	Approximate Wait Time for Initial Interview	Free Assessment	Sliding Fee Scale	Types of Insurance Accepted
<p><b>Adolescent &amp; Family Growth Center, Inc.</b> 800 Forbes Place Springfield, VA 22151 703.425.9200</p> <p><b>STAFF MEMBERS:</b> Randall O'Toole, LCSW Jermaine Johnson, LMFT Marianne Werth, LCSW Kaitlyn Zito, LPC</p>	All Ages  Individual, family, couples, trauma, CBT, depression, anxiety, behavioral problems, ADHD, play therapy, life transitions	Goal of AFGC Outpatient is to provide affordable therapeutic services of the highest quality to children, adolescents, individuals, families, and couples	Spanish	Weekdays 9 a.m. – 8 p.m.	2 – 3 business days	15 minute phone consult	Yes	Medicaid Carefirst Aetna Cigna Tri Care

## Therapists (Psychologists, Social Workers, Counselors)

NAME, ADDRESS, TELEPHONE and STAFF MEMBERS	Targeted Age Group(s) and Areas of Specialization	DESCRIPTION OF SERVICES	Language(s) Spoken in Addition to English	Hours	Approximate Wait Time for Initial Interview	Free Assessment	Sliding Fee Scale	Types of Insurance Accepted
<b>Kerry Altman, Ph.D.</b> 3923 Old Lee Highway, #63-D Fairfax, VA 22030 703.691.1571  www.kerryaltman.com	All ages adjustment and mood disorders, attention deficit disorders, post-abuse syndromes, PTSD	Psychotherapy and counseling, psychological testing and evaluation, services for deaf and hard of hearing individuals	American Sign Language	M & W: 8 a.m. – 6 p.m. T & Th: 7 a.m. – 6 p.m. F: 8 a.m. – 2 p.m.	1-3 days	--	Some	Blue Cross PPO
<b>Alicia Ayvas, LCSW</b> 6611 Jefferson Street, Suite 303 Haymarket, VA 20169 571.318.9141 www.aliciaayvaslcsw.com	Ages 7 -18 + Eating Disorders, self-harm, mood disorder, DBT Specialized	Individual, group, and family assessment, parent education, public speaking	None	Mon. – Sat.	24 hours within the week	No	Yes	Out of Network
<b>Judy S. Brown, Ph.D.</b> 6206 Blossom Lane Manassas, VA 20112 703.494.6830	Older Adolescents, Adults (interested in seeing parents of troubled teens)	Depression, behavior problems, loss issues, stress management, marriage counseling, low self-esteem, anxiety/adjustment disorders, incest, divorce issues, physical/sexual abuse, psychological testing, and PTSD	None	Afternoon & evening appointments available	1 week to 1 month; emergency cases	No	No	Anthem Blue Cross/ Blue Shield of VA
<b>Child &amp; Family Counseling</b> 13649 Office Place, Suite 102 Woodbridge, VA 22192 703.670.5738 After hours emergency: 703.257.3669 <a href="http://www.cfcc.info">www.cfcc.info</a>  <b>STAFF MEMBERS:</b> Renee Burdett, M.D., Medical Director James J. Crist, Ph.D., CSAC, Clinical Director Katherine B. Harlan, Ph.D. Betty Graves, LCSW, BCD Danica Copp, LCSW Kathleen Galdo, LCSW	Children, Adolescents, Adults, Couples, Families  ADHD, mood disorders, anxiety disorders, parenting issues	Child, adolescent, and adult psychiatric evaluations; psychological assessment; depression; anxiety; Attention Deficit; grief; marriage; divorce; alcohol; individual, family therapy; medication management	None	Mon. – Fri. 9 a.m. – 5 p.m. some evenings available	Usually one week or less	No	No	Anthem Blue Cross/ Blue Shield of VA / Fed; several HMO/PPO plans; CIGNA; call to verify
<b>Julie Criner, LPC</b> 6611 Jefferson Street, Suite 303 Haymarket, VA 20169 703.347.1152	Ages 10 -18 + Eating Disorders, self-harm, mood disorder	Individual, group, and family therapy, assessment, parent education, public speaking	None	Mon. – Sat.	Less than 1 week	No	Yes	Out of Network

**Therapists (Psychologists, Social Workers, Counselors)**

NAME, ADDRESS, TELEPHONE and STAFF MEMBERS	Targeted Age Group(s) and Areas of Specialization	DESCRIPTION OF SERVICES	Language(s) Spoken in Addition to English	Hours	Approximate Wait Time for Initial Interview	Free Assessment	Sliding Fee Scale	Types of Insurance Accepted
<p><b>Gainesville Professional Counseling Center</b>                      7450 Heritage Village Plaza, Suite 101                      Gainesville, VA 20155                      571.261.1921</p> <p><b>STAFF MEMBERS:</b>                      Lorrie Beyerl, LPC, NCC (founder)                      Mary Ellen Everett, LCSW                      Chris McClure, LPC*                      Tara Thomas, LCSW                      Jennifer Mullooney, LCSW                      Nicole Schweon, LPC                      Maureen Amiryar, LCSW                      * Spanish</p>	<p>Children, Adolescents</p>	<p>Individual, group, and family counseling; ADHD and behavioral evaluations and intervention</p>	<p>Spanish</p>	<p>All evenings and weekends</p>	<p>2-5 days</p>	<p>No</p>	<p>Yes</p>	<p>Anthem Blue Cross/Blue Shield, CareFirst, Cigna, Aetna, PHCS, Kaiser, Tricare, United</p>
<p><b>Sarika Garga, Ph.D.</b>                      Licensed Clinical Psychologist                      Behavioral Care Services                      7340 Heritage Village Plaza, Suite 102                      Gainesville, VA 20155                      703.398.1085</p>	<p>Children, Adolescents, Young Adults, Families</p> <p>individual, group, family therapy</p>	<p>Comprehensive psycho-educational evaluations; diagnostic evaluation and therapy for learning disabilities; ADHD; behavioral problems; depression, anxiety, developmental disorders (autism, Asperger's, developmental delays); social skills and adaptive functioning; gifted children testing; recommendations for special education, IEP, and 504 plan</p>	<p>Hindi, Punjabi, Urdu</p>	<p>By appointment: evening, and weekend hours available</p>	<p>Usually one week or less, immediate for emergencies</p>	<p>No</p>	<p>No</p>	<p>Most insurance companies</p>
<p><b>Merrill McCarter, LCSW</b>                      14904 Jeff Davis Highway, Suite 403                      Woodbridge, VA 22191                      703.491.7072</p>	<p>Middle &amp; high school age adolescents, adults (all ages)</p>	<p>Anxiety and depression, assertiveness and self-esteem, sexual abuse, grief and loss, divorce/separation, sexual orientation</p>	<p>None</p>	<p>Mon., Wed., Fri. 2:30 –7:30 p.m.                      Tu., Thur., Sat.- 7:30 a.m.–12:30 p.m.</p>	<p>1-2 days</p>	<p>No</p>	<p>In some cases</p>	<p>Most, including Medicare; Health-keepers Plus, Tricare</p>
<p><b>National Counseling Group, Inc.</b>                      9301 Forest Point Circle                      Manassas, VA 20110                      703.257.5997</p>	<p>Ages 4 – 21 for Intensive In-Home Services (IIH)                      Ages 16 – adulthood mental health support services, life skills</p>	<p>IIH, intensive family and individual counseling for clients at risk of being removed from home or community; behavioral disorders, emotional disorders, conduct problems                      Case management, life skills for individuals with Axis I conditions; Adolescent Dual Diagnosis Program (ADDP)                      Mental health counseling in an educational setting</p>	<p>Spanish and Portuguese</p>	<p>office hours Mon. – Fri. 9 a.m.-5 p.m.</p> <p>24/7 services for counselors</p>	<p>Immediate</p>	<p>Yes for Medicaid                      \$200 without Medicaid</p>	<p>No</p>	<p>Medicaid</p>



**Therapists (Psychologists, Social Workers, Counselors)**

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<p><b>Phoenix Family Counseling &amp; Play Therapy Center, PLLC</b> 7350 Heritage Village Plaza, Suite 201 Gainesville, VA 20155 571.248-0626</p> <p>1455 Old Bridge Road, Suite 203 Woodbridge, VA 22192</p> <p><b>STAFF MEMBERS:</b> Catherine Baker, LCSW, RPT, CTS Katy McHugh, LCSW Heather Moul, LCSW Catherine Spooner, LCSW, RPT/S, CTS Sue Dawson, LPC, Ph.D, PRT/S Doug McCracken, LPC Linda Lindamood, LPC Naomi Britton, MA, Resident in Counseling Caro Root, LCSW Terri McDermott, MSW, Supervisee in SW Wyndy Martintheussen, LCSW Gidget Fields, LCSW Liliana Labonte, MA Resident in Counseling Darius Brown, MSW, Supervisee in SW Kareemah Stepney, MSW, Supervisee in SW Leslie Fenno, MA Resident in Counseling</p>	<p>Ages 2 years – adults ADHD, Asperger's Syndrome, anxiety, behavior problems, attachment evaluations, play therapy, groups, marriage counseling</p>	<p>Psychotherapy for individuals, family, marital, and groups; play therapy; social skills groups; attachment disorder; bereavement; depression; anger management; anxiety; behavior problems; blended families; divorced (parents – kids upset); adoption adjustment</p>	<p>Spanish and American sign language</p>	<p>Mon. – Fri. 8 a.m. – 9 p.m. Weekends 8 a.m. – 7 p.m.</p>	<p>1 week</p>	<p>No</p>	<p>Re-duced fee for non-licensed therapist</p>	<p>Anthem Blue Cross/Blue Shield, Anthem Health-keepers, Anthem Health-keepers Plus, Aetna, Tricare, CareFirst PPO, Value Options</p>
<p><b>Prince William Family Counseling, P.C.</b> 8140 Ashton Avenue, Suite 200 Manassas, VA 20109 703.330.9933 (fax) 703.368.8454</p> <p><b>STAFF MEMBERS:</b> Fawn Avery, CNS Ed Lucas, LPC Christine Flood, LCSW Kathy Barnett, Psy.D Mary Moore, LCSW Naoji Watson, Psy.D Rebecca Gleed, LMFT Adlin deCardi, LMFT Alex Herrera, LPC Hsieh, Ellie, LMFT</p> <p><i>Continued next page</i></p>	<p>Children, Adolescents, Adults, Families</p> <p>Outpatient psychological counseling</p>	<p>Therapy; psychological testing; psycho-educational testing; consultations; outpatient mental health for individuals, couples, families, groups; orientation focus, cognitive, behavioral, social skills training; intensive outpatient substance abuse program for adolescents and their families</p>	<p>Spanish-speaking clinician in Woodbridge office</p>	<p>Mon. – Sat. 7 a.m. – 10 p.m.</p>	<p>24 hours, call for more information</p> <p>immediate appointments for emergencies</p>	<p>No</p>	<p>Call for information</p>	<p>Most major insurance plans; call for information</p>

**Therapists (Psychologists, Social Workers, Counselors)**

NAME, ADDRESS, TELEPHONE and STAFF MEMBERS	Targeted Age Group(s) and Areas of Specialization	DESCRIPTION OF SERVICES	Language(s) Spoken in Addition to English	Hours	Approximate Wait Time for Initial Interview	Free Assessment	Sliding Fee Scale	Types of Insurance Accepted
<p><i>Continued Prince William Family Counseling</i></p> <p>Alicia Janik, Psy.D                      Charli Morris, LCSW                      Clare Campbell, LCSW                      Jessie Smith, LPC, DMT                      Kelly Zerfoss, LCSW                      Melissa Keith, LCSW                      Rebecca Moyres, LPC                      Carolyn Colvin, Ph.D.                      Nancy Dungan, LPC                      Julie Feurer, LCSW                      Wendy Hasychak, LPC, Ph.D                      Henry Koch, Ph.D.                      Hemini Naik, Psy.D                      Patrick Stiehm, LPC                      Charlene Whitman, LPC</p> <p>12721 Darby Brooke Court, Suite 102  <b>Woodbridge</b>, VA 22192                      703.497.1771 (fax) 703.497.1225  <b>STAFF MEMBERS:</b>                      Monica Barrett, LPC                      Carol McCleary, Psy.D                      Christina Meluzro, Psy.D                      MaKeyshia Major, LCSW                      Shana Grady, Psy.D                      Sarah White, Psy.D.                      Cynthia Zorn-Pettigrew, LCSW</p> <p>7001 Heritage Village Plaza; Suite 240  <b>Gainesville</b>, VA 20155                      571.248.9933 (fax) 571.266.6386  <b>STAFF MEMBERS:</b>                      Duane Hatcher, LPC                      James Luke, Psy.D                      Silvana Beiles, LPC                      Susan Blackwell, LPC</p> <p>11 Hope Road, Suite 213  <b>Stafford</b>, VA 22554                      540.658.0888 (fax) 540.658.0855  <b>STAFF MEMBERS:</b>                      Jennifer Burrows, LPC                      Matt Englefield, LPC                      Marcia Estes, LPC                      Dave McDonald, LPC                      Audra Sacher, Ph.D                      Kate Shaw, Psy.D                      Laurie Wilson, LPC</p>								

## Therapists (Psychologists, Social Workers, Counselors)

NAME, ADDRESS, TELEPHONE and STAFF MEMBERS	Targeted Age Group(s) and Areas of Specialization	DESCRIPTION OF SERVICES	Language(s) Spoken in Addition to English	Hours	Approximate Wait Time for Initial Interview	Free Assessment	Sliding Fee Scale	Types of Insurance Accepted
<p><b>Psychological and Life Skills Associates, P.C.</b> 13885 Hedgewood Dr. #245 Woodbridge, VA 22193 703.490.0336</p> <p><b>STAFF MEMBERS:</b> Christopher T. Haley, Psy.D. Matthew Broudy, Ph.D. Kate Strand, Ph.D. Jason Epstein, Psy.D. Sandy Mansfield, LCSW Sandra Molle, LPC Mike Schell-Smith, LCSW Ayonda Batts, Ph.D. Gail Zander, Ph.D. Lindsey Luedtke, Ph.D. Susanne Long, Ph.D.ADD Felicia Leisersohn, Psy.D.ADD</p>	<p>Children, Adolescents, Adults</p> <p>specialists are diverse within group practice,</p>	<p>Individual, group, and family therapy for children through adults; couples therapy; psychological &amp; psychological evaluations; empowerment groups for teenagers and adults with depression, anxiety, and attention concerns</p> <p>i.e.: parent-child relationships; individualization and separation; loss, grief, and divorce; stress; adjustment and anxiety disorders; learning disabilities and school motivation; social skills and peer relationships; survivors of abuse and neglect; child, adolescent and adult depression, acting-out behavior</p>	None	Mon. – Sat. morning, afternoon, & evening	Average 1-5 days, depending upon urgency	No	No	Tricare Standard, Anthem Blue Cross/Blue Shield, Kaiser, CareFirst PPO, Medicare, Value Options
<p><b>Wanda Sabin, LCSW</b> 7230 Heritage Village Plaza, Suite 102 Gainesville, VA 20155 703.715.6049</p>	Adults	Individuals and couples, depression and anxiety, relationships, life adjustments, and transitions	None	Mon. – Fri. 9 a.m. – 7 p.m.	None	No	No	PPO's and most major insurances
<p><b>Suane Shocket, Psy.D.</b> (Licensed Clinical Psychologist) 8140 Ashton Avenue, Suite 100 Manassas, VA 20109 703.330.1072 <a href="http://www.suanneshocketpsyd.com">www.suanneshocketpsyd.com</a></p>	Adolescents, Adults	Outpatient and individual psychotherapy, couples therapy, family therapy for adolescents and adults, supervision for licensure of mental health professionals Positive psychology focus, anxiety, depression, stress management	None	Mon. –Thur. 10 a.m. -7 p.m.;	5 -10 working days	No	No	Anthem Blue Cross/Blue Shield, Medicare, Coventry Health
<p><b>Therapeutic Alliance</b> Alkesh Patel, LPC, CSAC, M.Ed.</p> <p>10535 Crestwood Dr. #201 Manassas, VA 210109</p> <p>703.492.2686 (fax) 866-499-8840 email: <a href="mailto:apatel@therapeuticalliancecellc.com">apatel@therapeuticalliancecellc.com</a></p>	Ages: 4 – 64 School related issues, court ordered, behavioral management, depression	Provide intensive in-home, mental health support, outpatient, crisis intervention, anger management, ADHD, parent-child relationships, anxiety, phobia, Autism, behavioral services, social skills groups, depression, oppositional, violent, and aggressive conduct	Hindi, Gujarati, Spanish, Arabic, French	Mon. – Sun. 7 a.m. – 9 p.m., on call 24 hours 7 days	24 – 48 hours	Yes, Free Consult	Yes	Medicaid Anthem BCBS, Aetna, Militaryone Cigna Compsych. Mejellan

**Therapists (Psychologists, Social Workers, Counselors)**

NAME, ADDRESS, TELEPHONE and STAFF MEMBERS	Targeted Age Group(s) and Areas of Specialization	DESCRIPTION OF SERVICES	Language(s) Spoken in Addition to English	Hours	Approximate Wait Time for Initial Interview	Free Assessment	Sliding Fee Scale	Types of Insurance Accepted
<p><b>Sarah VonHarten, LCSW</b>                      204 Ellicott Street                      P.O. Box 598                      Occoquan, VA 22125                      703.490.9680</p>	<p>2 years through adulthood, trauma, abuse , ADHD,mood disorders</p>	<p>Play therapy with children, insight-oriented therapy with adolescents, family therapy, supportive counseling with parents</p>	<p>None</p>	<p>M on. – Thur. 9 a.m.-7 p.m.</p>	<p>1 – 2 days average</p>	<p>Over the phone</p>	<p>Yes</p>	<p>Most insurances</p>
<p><b>Woodbridge Psychological Associates</b>                      4320 Prince William Parkway, Suite 109                      Woodbridge, VA 22192                      703.680.4200 <a href="http://www.wpapc.com">www.wpapc.com</a></p> <p><b>STAFF MEMBERS:</b>                      W. Stejskal, Ph.D.                      Karen Fitzgerald, Ph.D.                      Sahair Monfared, Psy.D.                      Nancy Giffen, LCSW                      Rita M. Romano, LCSW                      Tamara Vitela, LCSW                      Elizabeth Wilkins-McKee, LCSW                      Brandie Bartlett, Psy.D.</p>	<p>Adults, Teens, Children Families Couples</p>	<p>Individual, couples, and family therapy; psychological testing and evaluation; depression, anxiety, stress, relationship problems; loss; adjustment to illness; psycho educational testing; ADHD assessment; forensic evaluations for juvenile and criminal court; risk assessment</p>	<p>Farsi</p>	<p>Early a.m. to late p.m.</p>	<p>1 - 3 days</p>	<p>No</p>	<p>No</p>	<p>Blue Cross/Blue Shield</p>

**Agencies**

NAME, ADDRESS, TELEPHONE and STAFF MEMBERS	Targeted Age Group(s) and Areas of Specialization	DESCRIPTION OF SERVICES	Language(s) Spoken in Addition to English	Hours	Approximate Wait Time for Initial Interview	Free Assessment	Sliding Fee Scale	Types of Insurance Accepted
<p><b>Crossroads Counseling Center, Inc.</b>                      7547 Presidential Lane                      Manassas, Virginia 20109                      703.361.1525  <a href="http://www.crossroadsvirginia.com">www.crossroadsvirginia.com</a></p> <p><b>STAFF MEMBERS:</b>                      Archana Dogra, Ph.D., Clinical Psychologist, Clinical Director</p>	<p>Children, Adolescents, Families Parent-child relationship, emotional and learning difficulties, depression, anxiety, behavior mgmt., school motivation, PTSD, Borderline Personality Disorder</p>	<p>Intensive in-home therapy for families with a child/adolescent at risk of out-of-home placement; psychological evaluations; outpatient therapy (individual, group, family); intensive outpatient therapy; psycho-educational groups; psychotherapy groups; day treatment support services in the public school, mental health support services for adolescents and adults requiring independent living skills</p>	<p>Sign Language (one clinician) and Spanish (three clinicians)</p>	<p>24 hrs/7 days</p>	<p>3 – 7 days, within 24 hours for crisis situations</p>	<p>N/A</p>	<p>Yes, for out-patient therapy</p>	<p>Medicaid approved for intensive in-home, TDT, MHS, other insurances pending EPSDT – Behavioral Therapy EI-FAPT Funded</p>

## Agencies

NAME, ADDRESS, TELEPHONE and STAFF MEMBERS	Targeted Age Group(s) and Areas of Specialization	DESCRIPTION OF SERVICES	Language(s) Spoken in Addition to English	Hours	Approximate Wait Time for Initial Interview	Free Assessment	Sliding Fee Scale	Types of Insurance Accepted
<p><b>Greater Prince William Community Health Center</b> Ridgewood Health Center 4379 Ridgewood Health Center, Suite 102 Woodbridge, Virginia 22192</p> <p>Evergreen Health Center 9701 Liberia Avenue, Suite 201 Manassas, Virginia 20110</p> <p>Appointment Line 703.680.7950 <a href="http://www.GPWHealthCenter.org">www.GPWHealthCenter.org</a></p>	<p>All</p> <p>Health care and screenings, physicals, laboratory work, and pharmacy assistance</p>	<p>Our mission is to provide comprehensive primary health care services and to ensure families in Greater Prince William have access to coordinated and affordable community-based health services.</p> <p>We also have a Health Care Van that travels weekly to schools, senior centers, and health fairs. Call for location, date, and times.</p>	<p>Spanish</p>	<p>Woodbridge: Mon. – Fri. 8 a.m.–4:30 p.m. Wed. 8 a.m. –7 p.m.</p> <p>Manassas Mon. 8 a.m.–4:30 p.m.</p>	<p>call for an appointment</p>			<p>Most insurance companies</p>
<p><b>Multicultural Clinic Center</b> 6563 Edsall Road Springfield, VA 22151 703.354.0000</p> <p><b>STAFF MEMBERS:</b> Rebecca Keegan, Executive Director Gladys Santiago, Director John Collins, Director of Operations Dr. Mala Tendon, Clinical Director</p> <p>for more information: <a href="http://www.mccva.com">www.mccva.com</a></p>	<p>Children, Adolescents, Adults, and their families</p>	<p>Cross-cultural comprehensive mental health and substance abuse services, including (but not limited to) psychological evaluations, sexual abuse treatments for victims and offenders, family therapy, domestic violence, etc. Crisis Stabilization Services. An alternative to residential treatment. Prince William County contract with Multicultural Clinic Center. Intensive therapeutic in-home counseling for families at risk of disintegration. Treatment for children 4 – 11 with problem sexual behaviors. Gang intervention services, counseling/case management for gang related/involved adolescents; psycho-educational group</p>	<p>Spanish Vietnamese Urdu Korean Cambodian Farsi Hindi Amharic Krio French Pashtu Bangla</p>	<p>Flexible  7 days</p>	<p>1 – 2 weeks</p>	<p>CSA and Prince William County contract</p>	<p>No</p>	<p>Medicaid approved for intensive in-home counseling</p>
<p><b>Prince William County Community Services</b></p> <p>West End 7969 Ashton Avenue Manassas, VA 20109 703.792.7800</p> <p>East End - Ferlazzo Building 15941 Donald Curtis Drive, Suite 200 Woodbridge, VA 22191 703.792.4900</p>	<p>All ages</p>	<p>Mental health services provide counseling and case management for individual, couples, adolescents, and family; intellectual disabilities services help to link clients and families to needed vocational, recreational, and residential programs for individuals; substance abuse, early intervention services are provided for infants and toddlers, birth to 3 years, who have a disability or developmental delay</p>	<p>Spanish (therapists); translators contracted</p>	<p>Mon. – Thur. 8 a.m. – 8 p.m. Fri. 8 a.m. – 5 p.m.</p>	<p>24 hour assessment crisis intervention, and by appointment</p>	<p>No</p>	<p>Yes</p>	<p>Medicaid and/or Medicare</p>

Agencies								
NAME, ADDRESS, TELEPHONE and STAFF MEMBERS	Targeted Age Group(s) and Areas of Specialization	DESCRIPTION OF SERVICES	Language(s) Spoken in Addition to English	Hours	Approximate Wait Time for Initial Interview	Free Assessment	Sliding Fee Scale	Types of Insurance Accepted
<p><b>Prince William Health District</b> (health counseling)</p> <p>Manassas Office 703.792.6300 9301 Lee Avenue Manassas, VA 20110</p> <p>Woodbridge Office 4001 Prince William Parkway Woodbridge, VA 22193 703.792.7300</p>	<p>Children, Adolescents, Adults</p> <p>Health services</p>	<p>Wide variety of medical and related counseling services</p>	<p>Spanish; other languages on call, as needed</p>	<p>M on. – Fri. 8 a.m.– 4:30 p.m.</p>	<p>By appointment or clinic hours</p>	<p>N/A</p>	<p>Yes</p>	<p>Medicaid</p>
<p><b>Victoria Transcultural Clinical Center</b> 3541 Chain Bridge Road, Suite 204 Fairfax, VA 22030 703.218.6599 / 703.926.7480 <a href="http://www.vtccnet.com">www.vtccnet.com</a></p> <p>Ignacio Basauri, CEO <a href="mailto:ibasauri@vtccmail.com">ibasauri@vtccmail.com</a> Leticia Basauri, MA, President <a href="mailto:leticia.basauri@vtccmail.com">leticia.basauri@vtccmail.com</a> Maliha Zaman, Ph.D., Coordinator <a href="mailto:maliha.zaman@vtccmail.com">maliha.zaman@vtccmail.com</a></p>	<p>3-21 years old; Specialize in treating victims of domestic violence, sex abuse, anger management, Autism, and developmental disabilities</p>	<p>Intensive home-based services, out-patient treatment in the form of individual and family therapy, seminars on topics such as anger management, parenting skills, substance abuse, gang prevention, and Intensive home-based EPSDT (for developmental disabilities and Autism</p>	<p>Spanish, Korean, Vietnamese, Farsi, French, Arabic, Somali, Hausa, Yoruba, Hindi, Urdu, Punjabi, Pashto</p>	<p>Mon. – Fri. 9 a.m. – 5 p.m. as needed to meet the needs of client</p>	<p>Assessments are completed within one week</p>	<p>Yes</p>	<p>Yes</p>	<p>Medicaid</p>
<p><b>Virginia Cooperative Extension</b> Parent Education Program 8033 Ashton Avenue., Suite 105 703.792.6288</p> <p>Jo Anne Renton, Program Manager <a href="mailto:jrenton@pwcgov.org">jrenton@pwcgov.org</a> Julie Stiles, Program Administrator <a href="mailto:jstiles@pwcgov.org">jstiles@pwcgov.org</a> Linda Whitehead, Volunteer Coordinator <a href="mailto:lwhitehead@pwcgov.org">lwhitehead@pwcgov.org</a> Carmen Perez, Instructor <a href="mailto:cperez@pwcgov.org">cperez@pwcgov.org</a> Julie Tilton, Instructor <a href="mailto:jtilton@pwcgov.org">jtilton@pwcgov.org</a> Betsy Lindberg, Instructor <a href="mailto:blindberg@pwcgov.org">blindberg@pwcgov.org</a></p>	<p>Parents of Young children, School-age children, Adolescents, Youth exhibiting at-risk behaviors</p>	<p>Our mission is to strengthen families through education. We offer three parenting programs: <b>STEP-</b> a six-week class that covers discipline, self-esteem, and communication <b>JJPP</b> – an eight-week class for parents of at-risk youth. In addition to the topics listed above, this class also covers at-risk behaviors such as drug and alcohol use, sexual activity, and anger. <b>WFGA</b> – a three-week class for parents. The class addresses anger, tools for identifying when one is getting angry and tools to manage it appropriately. They also look at anger in children.</p> <p><i>For more information:</i> <a href="http://www.pwcgov.org/parenting">www.pwcgov.org/parenting</a></p>	<p>Spanish</p>	<p>Classes are held on evenings during the week on both sides of the county.</p>	<p>Until the next class is available</p>	<p>No</p>	<p>Yes</p>	<p>No</p>

### Agencies

NAME, ADDRESS, TELEPHONE and STAFF MEMBERS	Targeted Age Group(s) and Areas of Specialization	DESCRIPTION OF SERVICES	Language(s) Spoken in Addition to English	Hours	Approximate Wait Time for Initial Interview	Free Assessment	Sliding Fee Scale	Types of Insurance Accepted
<b>Virginia Home Based Counseling, P.C.</b> 8140 Ashton Avenue, Suite 200 Manassas, VA 20109 703.367.7800	Children, Adolescents	In-home counseling services for children/adolescents returning home or at risk for being placed out of the home	Spanish	24 hours/7 days	Same day	N/A	N/A	Medicaid, FAPT/FAST, Anthem Health-keepers Plus, Amerigroup

### Other

NAME, ADDRESS, TELEPHONE and STAFF MEMBERS	Targeted Age Group(s) and Areas of Specialization	DESCRIPTION OF SERVICES	Language(s) Spoken in Addition to English	Hours	Approximate Wait Time for Initial Interview	Free Assessment	Sliding Fee Scale	Types of Insurance Accepted
<b>New Dawn Drug Consulting</b> 8773 F Mathis Ave. Manassas, VA 20110 703.369.2199 (fax) 703.656.4737  Jacqueline L. Fallon, President Stephanie Lawson, Office Manager	11 – 30 yr In-home drug and alcohol testing: Saliva, hair, urine, nail clippings	We remove barriers for families seeking treatment for substance/ alcohol problems; liaison between schools, courts, and treatment providers.	Spanish	Mon. – Fri. 8:30 a.m. – 5 p.m.	None	Yes	Yes	None; will assist with insurance filing
<b>The House, Inc.</b> President, Helen McCormick 14001 Crown Court Woodbridge, VA 22193 703.909.5459  For more information, please visit <a href="http://www.thehouse-inc.com">www.thehouse-inc.com</a>	Fourth - 12 <sup>th</sup> grade  leadership training and homework assistance	The House, Incorporated Student Leadership Center conducts before, and after-school, summer camp day programs and weekend evening activities for middle and high school students to increase educational access and success for all students in Greater Washington, DC.  Counseling services for mental health. Non-traditional school.		Mon. – Fri. 6:00 a.m. – 6:30 p.m.  and Fri 7 – 9:30 p.m.	None	Yes	N/A	None

Other								
NAME, ADDRESS, TELEPHONE and STAFF MEMBERS	Targeted Age Group(s) and Areas of Specialization	DESCRIPTION OF SERVICES	Language(s) Spoken in Addition to English	Hours	Approximate Wait Time for Initial Interview	Free Assessment	Sliding Fee Scale	Types of Insurance Accepted
<p><b>Youth For Tomorrow</b>                      11835 Hazel Circle Drive                      Bristow, VA 20136                      703.368.7995                      703.361.4335 (fax)</p> <p>Residential Group Home                      Joe Gibbs, Founder and Chairman</p>	<p>Full service group home for 11 – 17 year olds, Full Scale IQ 70 and above</p> <p>Independent Living Program for young adults ages 17 – 21</p> <p>Mommy and Me Teen Pregnancy Program</p> <p>Sexually abusive youth program</p> <p>Substance Step Down</p> <p>Adjudicated Youth Step Down</p>	<p>Residential group home for at-risk youth with houseparent couples, residential staff counselors, and case managers.</p> <p>Accredited residential and day school for grades 6 -12, including GED preparation. Counseling services include individual, group, and family group counseling.</p> <p>Medication management, anger management, chemical education, substance abuse education, spiritual component, Casey Life Skills, bullying curriculum, and 10K annual college scholarship program</p> <p>Residents may possess emotional disturbance, special education services, history of crimes against persons and property and/or family-related needs.</p>	<p>Interpreters as needed</p>	<p>24/7</p>	<p>Available as soon as documentation has been reviewed and placement determined</p>	<p>CSA funds and private pay</p>	<p>Yes</p>	
<p><b>Youth For Tomorrow (Other Services):</b>                      11835 Hazel Circle Dr.                      Bristow, VA 20136                      877.938.4543</p> <p>Woodbridge Office:                      2500 Hunter's Place; Suite 201                      Woodbridge, VA 22192                      703.659.9863</p>	<p>Direct intervention services for children, adolescents, families, and communities impacted by trauma</p>	<p>Mental Health evaluations                      Crisis counseling                      Treatment Planning                      Case Management                      Advocacy                      Information and Referral</p>		<p>Mon. – Thur.                      10 a.m. – 8 p.m.                      Fri.                      9 a.m. – 5 p.m.</p> <p>On call staff available</p>			<p>Yes</p>	<p>Medicaid</p>



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